

swanson.com
or call 1-800-437-4148

- Boosts antioxidant activity
- Maintains eye, prostate and liver health
- Supports immune health

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one tablet per day with food and water. Taking zinc on an empty stomach may cause stomach upset in some people.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON

Zinc Gluconate

Immune Health

30 mg per tablet

MINERAL SUPPLEMENT | 250 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Zinc	30 mg	273%
(from zinc gluconate)		

Other ingredients: Microcrystalline cellulose (plant fiber), stearic acid, magnesium stearate.

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