Serving Size: I veggie capsule Servings Per Container: 180

Amount Per Serving Whole-Food Folate

(from organic Citrus limon [peel] extract)

Percent Daily Value is based on a 2,000 calorie diet.

Other Ingredients: Rice flour and veggie capsule (plant

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, or taking any medications. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

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NUTRIGOLD

RAL WHOLE-FOOD SOURCED

Folate Gold

800 mcg · 180 veggie capsules VITAMIN SUPPLEMENT

Verified free of corn, egg, gluten, milk, peanut, shellfish, and soy allergens by an independent lab. No magnesium stearate, stearic acid, dioxides, sulfates, artificial ingredients, or preservatives.

Organic, non-GMO verified, whole-food

folate concentrated from lemon peel using a

solvent-free process for exceptional purity.

fetal development, and heart health."

Health Benefits: Supports a healthy pregnancy,

















The Citrus limon extract in this product is certified organic by Oregon Tilth