

USAGE: Take 1 or 2 capsules per day or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Uridine is a nucleotide that acts as a precursor needed—in conjunction with the omega-3 fatty acid docosahexaenoic acid (DHA) and the B vitamin-like compound choline—for the synthesis of membrane phospholipids and brain synapses.* It may enhance some brain cholinergic functions.* Uridine also supports the health and function of liver mitochondria.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
FORMULAS

Uridine

Supports Formation of Brain Synapses
and Neuronal Membranes*

Supports Liver Mitochondrial Function*

250

MILLIGRAMS

60

CAPSULES

DIETARY

SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% DV
Uridine 5'-Monophosphate Disodium Salt	250 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of bovine gelatin.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Store in a cool, dry place. Do not refrigerate.

Distributed Exclusively by:
Jarrow FORMULAS®
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03318URI PROD # 156003



Lot #: Best Used Before:

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