

swanson.com

or call 1-800-437-4148

- Essential for cardiovascular health
- For daily antioxidant support
- Provides protection against free radical damage

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel per day with water.

The d-Alpha logo is a trademark of Archer Daniels Midland (ADM).



WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON

E

Mixed Tocopherols

**VITAMIN E
Antioxidant Support**

400 IU per softgel

VITAMIN SUPPLEMENT | 100 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E	268 mg	1,787%
(as d-alpha tocopherol plus mixed tocopherols: d-beta, d-delta and d-gamma tocopherol)		

Other ingredients: Gelatin, soybean oil, vegetable oil, glycerin, purified water.

Contains soy.

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