

swanson.com
or call 1-800-437-4148

- Promotes cardiovascular and nervous system health
- Provides protection against free radical damage
- Maintains antioxidant support

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel per day with water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Natural E

VITAMIN E
Antioxidant and Essential Nutrient

1,000 IU per softgel

VITAMIN SUPPLEMENT | 250 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Vitamin E	671.1 mg	4,474%
(as d-alpha tocopheryl acetate)		

Other ingredients: Gelatin, soybean oil, glycerin, purified water.

Contains soy.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA • 1-800-437-4148

Rev 1 10 04 18



SW145