USAGE: Take 2 tablets 3 times per day (for a total of 6) with meals to facilitate maximum absorption, or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, or taking medications (especially warfarin/Coumadin), consult your healthcare professional before using this product.

Ultra Bone-Up* provides StimuCal* ossein MicroCrystalline HydroxyApatite (MCHA) (from free-range New Zealand calves), which includes the superior combination of the inorganic calcium lattice of MCHA within an organic protein milieu. StimuCal* is rich in native type I collagen—the predominant protein found in bone—and has been clinically demonstrated not to disproportionately spike calcium blood levels as do other forms of calcium, such as the citrate and carbonate sait forms. StimuCal* is combined with vitamin by, vitamin K, (as MK-7 from natural fementation [a more bioavailable form of vitamin K]) and JarroSil* Activated Silicon* of suguport the deposition of calcium into the bones, as well as to assist in building up the organic bone matrix.* Also included for optimal osteo support, are potassium citrate (systemic alkalizer) and MBP* (Milk Basic Protein) (activates osteoblasts and decreases osteoclast activity).* Bone Up* also supports cardiovascular and arterial health.*

HEALTH CLAIM: Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis later in life.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

02218LILTRA PROD # 10400



Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and Formulation^{5M}

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BONE-UP

StimuCal™ Microcrystalline Hydroxyapatite,
Natural MK-7 & Activated Silicon®

Promotes Bone Density*
Supports Cardiovascular Health*

120 DIETARY
TABLETS SUPPLEMENT



Supplement Facts

Serving Size 6 Tablets

Servings Per Container 20		
An	nount Per Serving	% D\
Vitamin C (as Calcium Ascorbate)	200 mg	2209
Vitamin D₃ (Cholecalciferol)	50 mcg (2,000 IU)	250%
Vitamin K ₂ (as Natural MK-7 [Menaquinone-7])	90 mcg	80%
Calcium (Elemental) (from StimuCal™ Microcrystalline Hydroxyap	1,200 mg patite)	90%
Magnesium (as Magnesium Oxide)	500 mg	1209
Zinc (L-OptiZinc®) (as Zinc L-Methionine Sulfat	te) 10 mg	90%
Copper (as Copper Gluconate)	1 mg	1109
Manganese (as Manganese Citrate)	1 mg	459
Potassium (as Potassium Citrate)	99 mg	29
JarroSil® Silicon (Activated Silicon® Proprietary Formula of M Stabilized Silicic Acid)	10 mg lolecular Clusters of	†
Boron (as Boron Citrate)	3 mg	t
MBP® (Milk Basic Protein)	40 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, stearic acid (vegetable source), hydrolyzed bovine collagen, magnesium stearate (vegetable source), silicon dioxide and a food-grade coating.

Contains: Milk and sov (in trace amounts).

No wheat, gluten, egg, fish/shellfish, or peanuts/tree nuts.

StimuCal[™] is a registered trademark of PharmaZen Ltd., and is patent pending. MBP[®] is a registered trademark of MEGMILK SNOW BRAND Co., Ltd. of Japan.