

AYURVEDIC HERBS

## Brahmi

(Gotu Kola)

Rejuvenative for the Brain & Nervous System\*



90 Tablets Dietary Supplement

Certified Organic

SUGGESTED USE: Take 1-2 tablets, once or twice daily, or as directed by your health practitioner.

## **Supplement Facts**

Serving Size: 2 tablets Servings Per Container: 45

Amount Per Serving

Gotu Kola leaf (Brahmi), Centella asiatica+

1000mg\*\*

\*\*Daily Value not established

Other ingredients, from natural sources: organic gum acacia, organic rice flour.

## +Certified Organic

Store in a cool, dry place. Do not use if seal is broken or missing. Free of gluten, soy, and dairy. 100% vegetarian.

Brahmi/Gotu Kola is a reowned mental rejuvenative traditionally used to support memory, concentration, and proper function of the nervious system. As a natural blood purifier and nervine, it also promotes healthy hair and a clear complexion.\*

If you are pregnant, nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product. Keep out of the reach of children

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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