

ALANINU

MULTI-VITAMIN



- IMPROVED ENERGY & FOCUS*
- SUPPORTS HEALTHY IMMUNE SYSTEM*
- SUPPORTS FILLING OF NUTRITIONAL GAPS*

30
SERVINGS
DIETARY SUPPLEMENT
60 SOFTGELS

Supplement Facts

Serving Size: 2 Softgels
Servings per Container: 30

	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	5,000 IU	50%
Vitamin C (as Ascorbic Acid)	120 mg	100%
Vitamin D3 (as Cholecalciferol)	2,000 IU	250%
Vitamin E (as D-Alpha-Tocopheryl Acetate)	30 IU	50%
Vitamin B1 (as Thiamine HCl)	50mg	1,667%
Vitamin B2 (as Riboflavin-5'-Phosphate)	50mg	1,471%
Vitamin B3 (as Niacinamide)	50mg	125%
Vitamin B5 (as D-Calcium Pantothenate)	50mg	250%
Vitamin B6 (as Pyridoxal-5'-Phosphate)	50mg	1,250%
Vitamin B9 (as L-Methylfolate)	400mcg	50%
Vitamin B12 (as Methylcobalamin)	500mcg	4,167%
Biotin (as d-biotin)	1,000mcg	167%
Calcium (as Carbonate)	50mg	2.5%
Iron (as fumarate)	18mg	50%
Iodine (from kelp)	150mcg	18%
Magnesium (as Oxide)	25mg	6.25%
Zinc (as Citrate)	15mg	50%
Selenium (from yeast)	25mcg	18%
Copper (as Gluconate)	2mg	50%
Manganese (as Sulfate)	2mg	50%
Chromium (as picolinate)	200mcg	83%
Potassium (as Citrate)	32mg	0.5%
Choline Bitartrate	10mg	**
Inositol	10mg	**
Citrus Bioflavonoids (Citrus spp.)(peel)	10mg	**
Rutin	10mg	**
Boron (as Citrate)	1,000mcg	**
Coenzyme Q10	100mcg	**

**Daily Value (DV) Not Established

Other Ingredients: Safflower Oil, Gelatin, Glycerin, Purified Water, Beeswax, Sunflower Lecithin, Caramel.

Suggested Use: As a dietary supplement take two softgels daily with a meal.

WARNING: Do not use if you are under 18 years of age. If you have any medical condition or you are currently using prescription medications, please consult your physician before taking this or any other dietary supplements. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

30 DAYS
MONEY BACK
GUARANTEE



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