

HAIR SKIN&NAILS

30 SERVINGS



- REJUVENATES SKIN'
- PROMOTES THICKER, FULLER HAIR'
- HELPS GROW STRONGEN
 HEALTHIER NAILS'

DIETARY SUPPLEMENT
60CAPSULES

Supplement Facts

Serving Size: 2 Veggie Capsules Servings per Container: 30

Amount I	Per Serving	%DV
Vitamin A (as Retinyl Palmitate)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	90 mg	150%
Vitamin D3 (as Cholecalciferol)	800 IU	200%
Vitamin E (as D-Alpha Tocopheryl Acetate)	40 IU	100%
Vitamin B3 (as Niacinamide)	20 mg	100%
Vitamin B5 (D-Calcium Pantothenate)	10 mg	100%
Vitamin B6 (as Pyridoxine HCI)	4 mg	200%
Biotin	5,000 mcg	1,667%
Zinc (as Oxide)	15 mg	100%
Selenium (as Glycinate Complex)	140 mcg	200%
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Probiotic Blend

810 mg

Methylsulfonylmethane (MSM), Para-Aminobenzoic Acid (PABA), Inositol, Collagen Peptides, Horsetail (Equisetum arvense) [Stem] Extract, L-Cysteine Monohydrate HCI, Alpha Lipoic Acid

**Daily Value (DV) Not Established

Other Ingredients: Hypromellose (Veggie Capsule), Silica Ascorbyl Palmitate.

Distributed by:

ALANINU

Alani Nutrition LLC Po Box 35159 | Louisville, Ky 40232 www.Alaninu.com Suggested Use: As a dietary supplement take two capsules daily with a meal.

If you believe your acne may be hormonal related, theck out our product Balance!

WARNING: Do not use if you are under 18 years of age. If you have any medical condition or you are currently using prescription medications, please consult your physician before taking this or any other dietary supplements. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

