Suggested Use: As a dietary supplement take two capsules daily with a meal.

WARNING: Do not use if you are under 18 years of age. If you have any medical condition or you are currently using prescription medications, please consult your physician before taking this or any other dietary supplements. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





STRESS



O HELPS REDUCE ANXIETY"

SOOTHES ELEVATED O IMPROVES MOOD

AND SLEEP

Supplement Facts Serving Size: 2 Veggie Capsules Servings per Container: 30

Amount Per Serving %DV Magnesium (as Bisglycinate Chelate Buffered) 100mg 25%

Sensoril® 250ma Ashwagandha (Withania somnifera) [Root/Leaf] (Standardized to min. 10% withanolide glycoside conjugates, min. 32% oligosaccharides, max. 0.5%

Natural gamma-Amino butyric acid 80mg (as Pharma GABA)

**Daily Value (DV) Not Established

withaferin A)

Other Ingredients: Hypromellose (Veggie Capsules). Silica. Ascorbyl palmitate (Vitamin C), Titanium Dioxide

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ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts,

and peanut flavor.