



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Vitamin C with Rose Hips

Vitamin Supplement

500 tablets • 500 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one tablet one to two times per day with food and water.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin C	500 mg	556%
(as ascorbic acid)		
Rose Hips	50 mg	*
(from concentrate)		

*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), stearic acid, croscarmellose sodium, magnesium stearate, maltodextrin, hydroxypropyl cellulose, pharmaceutical glaze, silica, magnesium silicate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
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