



NatureWorks®
The Traditional
European Herbal Extract

Swedish Bitters

Used Traditionally
for Digestion*

Dietary Supplement
8.45 fl. oz. (250 mL)
LN10030250.02†

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Recommendation: Adults take 2 teaspoons (tsp) daily. Not for use in children under 15 years of age. Do not exceed recommended dosage. Not for long term use. **Shake well before using.** Keep out of reach of children.

NOTICE: This product contains Cape Aloe, Senna, and Chinese Rhubarb. Read and follow directions carefully. Do not use if you have abdominal pain, loose stools, or abdominal pain because Cape Aloe, Senna, and Chinese Rhubarb may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or have a medical condition.

Warnings: Do not use if pregnant or nursing. Do not use when nausea or vomiting are present unless directed by a healthcare professional. Discontinue use and consult a healthcare professional if you have noticed a sudden change in bowel habits that persist over two weeks, have a liver disorder, or develop symptoms of liver trouble, such as abdominal pain, dark urine or jaundice. Rectal bleeding or failure to move bowels after use may indicate a serious condition. If you are taking any medications or tranquilizers, consult a healthcare professional before use. Avoid alcohol and do not drive or operate machinery after use.

SUPPLEMENT FACTS
Serving Size 2 teaspoons (tsp) (10 mL)
Servings per Container 25

Amount per Serving	% DV
Calories	20
Proprietary Extract Blend	500 mg **
Manna (<i>Fraxinus ornus</i> L) (stem)	
Angelica (root)	
Cape Aloe (leaf)	
Chinese Rhubarb (root)	
Senna (leaf)	
Zedoary (root)	
Myrrh (stem)	
Camphor	
Carline Thistle (root)	
Black Cohosh (root)	
Cinnamon (bark)	
Valerian (root)	
Cardamom (fruit)	
Saffron (pistil)	

Other ingredients: water, alcohol (38%)

****Daily Value (DV) not established.**

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Do not use if tamper evident twist off cap is missing, broken or separated from neck ring.

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Swedish Bitters, secret formula rediscovered. Lost for centuries, the secret herbal formula Swedish Bitters, created by Paracelsus in the 16th century, was rediscovered by a distinguished Austrian herbalist. Since then, NatureWorks' Swedish Bitters has won enthusiastic praise from millions of Europeans as the definitive herbal elixir.

NatureWorks' Swedish Bitters is an artfully blended extract of selected herbs of unsurpassed quality. We make the extract and analyze it to assure you of unquestionable purity and optimum potency. Swedish Bitters is the most remarkable traditional European herbal extract.

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Questions?
1-800-NATURE / naturesway.com
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