

TEAR HERE

USE CUP TO TRACK

M T W Th F S Su

DIAL **a** DAY™

Use Dosage Cup to Track Daily Use.

Place dosage cup over bottle cap
and align letter of week with
DIAL A DAY line above.

Supplement Facts

Serving Size 2 Tablespoons (Tbsp) (1 fl. oz./30 mL)
Servings Per Container 16

Amount Per Serving		% DV
Calories	25	
Total Carbohydrate	9 g	3%†
Dietary Fiber	5 g	20%†
Sugars	0 g	**
Sugar Alcohol	4 g	**
Vitamin A (as Beta Carotene and Retinyl Palmitate)	5000 IU	100%
Vitamin C (Ascorbic Acid)	60 mg	100%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha Tocopherol Acetate)	30 IU	100%
Thiamin (as Vitamin B1)	1.5 mg	100%
Riboflavin (Vitamin B2)	1.7 mg	100%
Niacin (as Nicotinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folate (Folic Acid)	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as D-Panthenol)	10 mg	100%
Soluble Vegetable Fiber	4.3 g	**

Whole Fruit & Vegetable Powders and Extracts Blend: 200 mg
Blueberry powder, Cherry powder extract, Cranberry powder,
Grape powder, Tomato powder, Bilberry extract, Black Currant
extract, Blackberry Fruit powder, Lemon Bioflavonoid Complex, Lycium
(Goji) Berry Fruit extract, Orange Peel powder, Pomegranate extract,
Raspberry powder, Apple powder, Apricot powder, Beet Juice powder,
Broccoli powder, Carrot extract, Kale powder, Mango powder, Pumpkin
Seed powder, Spinach Leaves powder, Wheat Grass Juice powder

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: purified water, glycerin, erythritol, natural
flavors, citric acid (preservative to maintain freshness),
potassium sorbate (preservative to maintain freshness),
xanthan gum, stevia leaf extract, calcium disodium EDTA,
mixed tocopherols (preservative to maintain freshness)
Contains soy.

Certified



Gluten-Free



Directions: SHAKE WELL. Take 2 Tablespoons (1 fluid ounce) daily either directly or mix into water or juice. Formulated for adults and

children 12 years of age and older. Do not exceed recommended daily serving. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

DOSAGE CUP PROVIDED on top of bottle. Wash after each use.

TAMPER EVIDENT: Safety sealed with printed outer shrink-sleeve over bottle cap and printed inner seal. Do not use if either seal is broken or missing.

Keep out of reach of children.

Can be stored at room temperature or refrigerated. Best used within 3 months after opening.

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➤ FAST ABSORBING LIQUID

*helps you optimize daily health.**

➤ EXCLUSIVE FORMULA

provides 100% DV of essential Vitamins, a complete B Complex, fruit and vegetable phytonutrients and is an excellent source of fiber.

➤ RICH IN ANTIOXIDANTS

*Vitamins A, C, E help protect your body's vital functions.**

➤ JUST 1 OZ A DAY

is easier than swallowing tablets.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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FAST
ABSORBING LIQUID



**NEW
LOOK!**

Same Formula

Multi Vitamin+

HEALTH & WELLNESS*

Essential Vitamins 100% DV

Rich in Antioxidants A, C, E

Excellent Source of Fiber



**Citrus Flavored
Sugar Free**

**16
SERVINGS**

JUST 1 OZ DAILY



Nature's Way Family of Brands

16 Fluid Ounces (480 mL) • Dietary Supplement