

swanson.com

or call 1-800-437-4148

- Aids in energy metabolism
- Supports healthy thyroid function
- Essential nutrient for vision health

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule per day with food and water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



SWANSON

Riboflavin

VITAMIN B-2

Energy and Metabolism

100 mg per capsule

VITAMIN SUPPLEMENT | 100 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Riboflavin 100 mg	7,692%
USP (vitamin B-2)	

Other ingredients: Rice flour, gelatin, calcium palmitate.

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