

**swanson.com**  
or call 1-800-437-4148

- Supports eye health
- Powerful antioxidant protection for the entire body
- Maintains immune health
- Helps maintain healthy skin and hair

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one softgel per day with water.

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**SWANSON®**

# Beta-Carotene

VITAMIN A  
Eye and Vision Health

25,000 IU per softgel

VITAMIN SUPPLEMENT | 300 SOFTGELS

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin A 7,500 mcg RAE (from beta-carotene)	833%

Other ingredients: Gelatin, soybean oil, glycerin, corn oil, yellow beeswax, purified (deionized) water, soy lecithin.

Contains soy.

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