Phase I: Whole Body Detox

Multiple System Cleanse

Warning: Do not use if you are pregnant, nursing, or attempting to become pregnant. Do not use if you are allergic to plants of the *Asteraceae (Compositae)* family, including ragweed, have bile duct obstruction or gallstones. If you have diabetes, or are taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safely sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

VEGETARIAN

LN15400.B03 BLK8626B

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Nature's Way

THISILYN® CLEANSE

Phase I
WHOLE BODY DETOX

Dietary Supplement • 30 Vegetarian Capsules

Recommendation: Take 1 capsule in the morning and 1 capsule in the evening for 15 days. Take with 8 oz. of liquid. For best results, start use on the same day as beginning Phases II and III.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
Urinary Tract Proprietary Blend: Parsley (leaf); Cranberry (berry) (90% concentrate)	173 mg**
Lymph, Blood & Skin Proprietary Blend: Burdock (root); Red Clover (flower, stem, leaf); Cleavers (aerial parts); Oregon Grape (root, stem)	130 mg**
Thisilyn® Milk Thistle Extract (seed) standardized to 80% silymarin (100 mg)	125 mg**
Artichoke Extract (leaf) standardized to 6% caffeoylquinic acids (4.5 mg)	75 mg**
Turmeric (rhizome) Extract standardized to 95% curcuminoids (71 mg)	75 mg**
Dandelion (root)	40 mg**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate, silica

Phase II: 6-Fiber Blend

Six dietary fibers, including LignaMax® flax lignan powder and FOS (fructooligosaccharides), in a comfortable, ***easily dispersed*** formula.

WARNING: Take this product with at least a full glass of liquid. Taking without adequate liquid may cause choking. Do not take this product if you have difficulty swallowing. If you experience chest pain, vomiting, or difficulty swallowing or breathing after taking this product, seek immediate medical attention. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safely sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

LN15402.A04 BLK8606A

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VEGETARIAN

Nature's Way

THISILYN® CLEANSE

Phase II
6-FIBER BLEND

Dietary Supplement • 90 Vegetarian Capsules

Recommendation: Take 3 capsules in the morning and 3 capsules in the evening for 15 days. Take with 8 oz. of liquid. For best results, start use on the same day as beginning Phases I and III.

Supplement Facts

Serving Size 3 Capsules / Servings per Container 30

Amount per Serving	% DV
Cholesterol 5 mg	2%
Total Carbohydrate 1 g	<1%†
Dietary Fiber 1 g	4%†
6-Fiber Proprietary Blend: Psyllium (seed husk), Guar Gum, Lignamax® Lignan Flaxseed Fiber (seed), Pectin (from Grapefruit), Fructooligo-saccharides (FOS), Acacia Gum 1.3 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established

Other ingredients: cellulose, plant-derived capsule (hypromellose), silica

LignaMax® is a trademark of Bioriginal.

Phase III: Digestive Sweep

For Occasional Constipation*

NOTICE: This product contains Cascara Sagrada which can have a stimulant laxative effect. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain, because Cascara Sagrada may worsen these conditions, and be harmful to your health. Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking medications, or have a medical condition.

WARNING: Do not use if you are pregnant, nursing, or attempting to become pregnant. Do not use if you are allergic to plants of the *Asteraceae (Compositae)* family, including ragweed, have a bile duct obstruction, or gallstones. Do not use when nausea or vomiting are present, unless recommended by a healthcare professional. Do not take this product if you have difficulty swallowing. Take this product with at least a full glass of liquid. Taking without adequate liquid may cause choking. If you experience chest pain, vomiting, or difficulty swallowing or breathing after taking this product, seek immediate medical attention. Consult a healthcare professional if you notice a sudden change in bowel habits that persists over two weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional.

Keep out of reach of children. Safely sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

LN15401.A02 BLK8242A

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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VEGETARIAN

HERBAL

Nature's Way

THISILYN® CLEANSE

Phase III
DIGESTIVE SWEEP

Dietary Supplement • 30 Vegetarian Capsules

Recommendation: Adults and children age 12 years and over: Take 3 capsules at bedtime with a full glass (8 oz.) of liquid. Take fewer capsules, if desired, but do not take more than 3 capsules in a 24-hour period. Not recommended for children under 12 years of age. Do not take for more than 10 days as frequent or prolonged use may result in dependence. Do not exceed recommended dosage. Not for long-term use.

Supplement Facts

Serving Size 3 Capsules / Servings per Container 10

Amount per Serving	% DV
Total Carbohydrate	<1 g <1%†
Dietary Fiber	<1 g 4%†
Cascara Sagrada (bark)	400 mg **
Soothing Proprietary Blend: Peppermint (leaf), Fennel (seed), Ginger (root), Marshmallow (root)	300 mg **
Triphala Proprietary Extract Blend (fruit) providing 45% tannins (121 mg): Amla *(Phyllanthus emblica)*, Tropical Almond *(Terminalia chebula)*, Belleric myrobalan *(Terminalia bellerica)*	270 mg **
Thisilyn® Milk Thistle Extract (seed) standardized to 80% silymarin (152 mg)	190 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose).

*Purify, Rejuvenate & Energize with Thisilyn® Cleanse Tri-Phase Program. A 15-Day Cleansing Program that Supports Liver Health.**

Using Thisilyn Cleanse: For best results, begin taking all three formulas the same day. Drink plenty of water during the entire program. Thisilyn Cleanse takes just 15 days to complete.

PHASE I: Whole Body Detox

A perfectly balanced formula to support cleansing of multiple body systems and supports liver health.*

Recommendation: Take 1 capsule in the morning and 1 capsule in the evening for 15 days. Take with 8 oz. of liquid.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
Urinary Tract Proprietary Blend Parsley (leaf); Cranberry (berry) (90% concentrate)	173 mg**
Lymph, Blood & Skin Proprietary Blend: Burdock (root); Red Clover (flower, stem, leaf); Cleavers (aerial parts); Oregon Grape (root, stem)	130 mg**
Thisilyn® Milk Thistle Extract (seed) standardized to 80% silymarin (100 mg)	125 mg**
Artichoke Extract (leaf) standardized to 6% caffeoyl-quinic acids (4.5 mg)	75 mg**
Turmeric (rhizome) Extract standardized to 95% curcuminoids (71 mg)	75 mg**
Dandelion (root)	40 mg**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate, silica

PHASE II: 6-Fiber Blend

6 dietary fibers and FOS provide a powerful prebiotic boost to support the maintenance of intestinal microflora.*

Recommendation: Take 3 capsules in the morning and 3 capsules in the evening for 15 days. Take with 8 oz. of liquid.

Supplement Facts

Serving Size 3 Capsules
Servings per Container 30

Amount per Serving	% DV
Cholesterol 5 mg	2%
Total Carbohydrate 1 g	<1%†
Dietary Fiber 1 g	4%†
6-Fiber Proprietary Blend Psyllium (seed husk), Guar Gum, Lignamax® Lignan Flaxseed Fiber (seed), Pectin (from Grapefruit), Fructooligosaccharides (FOS), Acacia Gum 1.3 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), silica

PHASE III: Herbal Digestive Sweep™

A unique digestive cleanse with Cascara sagrada, Triphala and Thisilyn to encourage the cleansing of the bowel.* Soothing herbals are included to comfort this critical phase.

Recommendation: Adults and children age 12 years and over: Take 3 capsules at bedtime with a full glass (8 oz.) of liquid. Take fewer capsules, if desired, but do not take more than 3 capsules in a 24-hour period. Not recommended for children under 12 years of age. Do not take for more than 10 days as frequent or prolonged use may result in dependence. Do not exceed recommended dosage. Not for long-term use.

Supplement Facts

Serving Size 3 Capsules
Servings per Container 10

Amount per Serving	% DV
Total Carbohydrate	<1 g <1%†
Dietary Fiber	<1 g 4%†
Cascara Sagrada (bark)	400 mg **
Soothing Proprietary Blend Peppermint (leaf), Fennel (seed), Ginger (root), Marshmallow (root)	300 mg **
Triphala Proprietary Extract Blend (fruit) providing 45% tannins (121 mg): Amla *(Phyllanthus emblica)*, Tropical Almond *(Terminalia chebula)*, Belleric myrobalan *(Terminalia bellerica)*	270 mg **
Thisilyn® Milk Thistle Extract (seed) standardized to 80% silymarin (152 mg)	190 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose)

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NOTICE: This product contains Cascara Sagrada which can have a stimulant laxative effect. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain, because Cascara Sagrada may worsen these conditions, and be harmful to your health. Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking medications, or have a medical condition.

WARNING: Do not use if you are pregnant, nursing, or attempting to become pregnant. Do not use if you are allergic to plants of the *Asteraceae (Compositae)* family, including ragweed, have a bile duct obstruction, or gallstones. Do not use when nausea or vomiting are present, unless recommended by a healthcare professional. Do not take this product if you have difficulty swallowing. Take this product with at least a full glass of liquid. Taking without adequate liquid may cause choking. If you experience chest pain, vomiting, or difficulty swallowing or breathing after taking this product, seek immediate medical attention. Consult a healthcare professional if you notice a sudden change in bowel habits that persists over two weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional. If you have diabetes, or are taking any medications, consult a healthcare professional before use. This product is not intended for children.

Keep out of reach of children. Each bottle is safely sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

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VEGETARIAN

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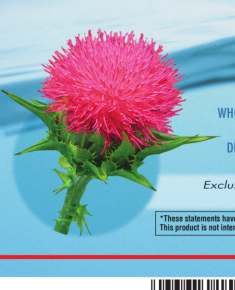
15 DAY PROGRAM

THISILYN® CLEANSE

with ***Herbal*** *Digestive Sweep™*

INTERNAL PURIFICATION™



Complete Tri-Phase Program Contains:
WHOLE BODY DETOX • 30 Veg. Capsules
6-FIBER BLEND • 90 Veg. Capsules
DIGESTIVE SWEEP™ • 30 Veg. Capsules
Dietary Supplement

*Exclusively with Thisilyn milk thistle extract for cleansing power**

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

About Herbal Digestive Sweep™

Specially balanced to cleanse the bowel, the Digestive Sweep formula in this program contains Cascara sagrada bark.*

How it works. Cascara sagrada helps stimulate muscles in the intestine, thereby supporting healthy bowel elimination.*

Alternative. If you'd prefer a formula that doesn't contain Cascara Sagrada, try ***Thisilyn® Cleanse*** **with Mineral Digestive Sweep™**.

- **Easy 15-Day Program.**
- **Complete Whole Body Cleanse.**
- **Purifies, Rejuvenates and Energizes.***
- **Will Not Interrupt Your Daily Routine.**
- **Optimal Dose** of Thisilyn milk thistle extract for maximum cleansing power.*
- **Easy Dispersion Fiber** for comfortable capture of toxins throughout the bowel.*
- **GLUTEN FREE.** No sugar, yeast, wheat, soy, dairy products, artificial colors, flavors, or preservatives.

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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