



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Beta Carotene

(Vitamin A)
Vitamin Supplement



100 softgels

- DO NOT USE IF SEAL IS BROKEN.
- KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE.
- DO NOT REFRIGERATE.

SUGGESTED USE:

As a dietary supplement, take one softgel per day with water.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin A 7,500 mcg RAE (from beta-carotene)	833%

Other ingredients: Gelatin, soybean oil, glycerin, corn oil, yellow beeswax, purified (deionized) water, soy lecithin.

Contains soy.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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