Suggested Use: As a dietary supplement, take four (4) capsules with morning meal.

WARNING: Do not exceed the recommended dosage. Consult your physician before using this dietary supplement. Do not use this product if you are at risk or are being treated for high blood pressure, kidney, thyroid, or psychiatric disease, difficulty urinating, prostate enlargement, seizure disorder, or stroke. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





## BALANCE



- HORMONAL BALANCE WEIGHT
- MANAGEMENT'
- O IMPROVED MOOD'
- SUPPORTS COMPLEXION & BRIGHTER SKIN\*

## **Supplement Facts**

Serving Size: 4 Veggie Capsules Servings per Container: 30

\*\*Daily Value (DV) Not Established

Amount P	er Serving	%DV
Folate (as 5-Methyltetrahydrofolate Calcium)	400 mcg	200%
Chromium (as TRAACS® Nicotinate Glycinate Chelate)	120 mcg	100%
Myo-Inositol	2g	**
	250mg	**
Setria® L-Glutathione (Reduced) 3,3'-Diindolylmethane (DIM)	250mg 150mg	**

Other Ingredients: Hypromellose (Veggie Capsule), Silica, Ascorbyl (Vitamin C) Palmitate. Distributed by:

> ALANI NU Alani Nutrition LLC Po Box 35159 | Louisville, Ky 40232

www.Alaninu.com

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes Manufactured on equipment which processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanuf flavor.