Suggested Use: Mix 1 level scoop with 8-10oz cold water for bold flavor or 14-16oz for a lighter flavor.

This product is best consumed during exercise or in between meals.

WARNING: Consult your physician before use if you are pregnant, lactating, have a medical condition, including but not limited to diabetes or kidney or liver conditions, or are taking any medication. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.















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## Supplement Facts Serving Size: 1 Scoop (8.1g)

/	Servings per Container: 30			
/	Amount Per Serving			
	Sodium (as Sodium Chloride)	59 mg	3%	
	Potassium (as Potassium Gluconate)	25 mg	1%	
	L-Leucine (as Vegan InstAminos®1)	2.5 g	**	
	L-Isoleucine (as Vegan InstAminos®†)	1.25 g	**	
	L-Valine (as Vegan InstAminos®1)	1.25 g	**	
	L-Glutamine	500 mg	**	

\*\*Daily Value (DV) Not Established Other Ingredients: Citric Acid, Natural and Artificial Flavors, Silica, Sucralose, Acesulfame K, Turmeric Root Extract, Beet Root Extract

Distributed by:

ALANI NU Alani Nutrition LLC Po Box 35159 | Louisville, Kv 40232

www.Alaninu.com

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes Manufactured on equipment which processes products containing milk, eggs, systems, wheat, shelfish, fish oil, thre ruts, and grenut flavor.

