

Well Mind

St. John's Wort Enhanced Formula

An herbal formula providing a good source of *Hypericum perforatum* (St. John's Wort).

Suggested Use

As a dietary supplement, 1 or 2 capsules one to three times daily on an empty stomach, or as directed by a healthcare practitioner. Sensitive individuals may want to take with food.

CAUTION: Use only under the guidance of a healthcare practitioner during pregnancy and with children. Avoid moderate to heavy sunlight exposure while taking any St. John's Wort product. May cause drowsiness; use with caution when driving or performing tasks that require alertness.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Formulated by Stephen A. Levine, Ph.D. and Daniel Berlin, O.M.D.



AllergyResearchGroup

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St. John's Wort Enhanced Formula



dietary supplement

HYPOALLERGENIC

90 vegetarian capsules

Supplement Facts

Serving Size	2 Capsules	
Servings Per Container	45	
Amount Per Serving	% Daily Value	
Zinc (as Zinc DL-Methionine)	5 mg	4%
St. John's Wort (Leaves and Flowers) Extract	250 mg	*
Kava Kava (Root) Extract	120 mg	*
Valerian (Root) Extract 4:1	15 mg	*
Passionflower (Leaves) Extract	60 mg	*
Schisandra (Berries) Extract	60 mg	*
Gotu Kola (Leaves) Powder	30 mg	*
Large Yellow Lady's Slipper (Root) Extract	20 mg	*

* Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, silicon dioxide.

Formulated exclusively for
Allergy Research Group® Alameda, CA 94502
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