

Phase I: Whole Body Detox

Multiple System Cleanse

Warning: Do not use if you are pregnant, nursing, or attempting to become pregnant. Do not use if you are allergic to plants of the *Asteraceae* (*Compositae*) family, including ragweed, have bile duct obstruction or gallstones. If you have diabetes, or are taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

 **VEGETARIAN**

◆ LN15400.B03 BLK8626B

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Questions? 1-800-9NATURE / naturesway.com

Phase II: 6-Fiber Blend

Six dietary fibers, including LignaMax® flax lignan powder and FOS (fructooligosaccharides), in a comfortable, **easily dispersed** formula.

WARNING: Take this product with at least a full glass of liquid. Taking without adequate liquid may cause choking. Do not take this product if you have difficulty swallowing. If you experience chest pain, vomiting, or difficulty swallowing or breathing after taking this product, seek immediate medical attention. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

◆ LN15402.A04 BLK8606A

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Phase III: Digestive Sweep™

Recommendation: Take 3 tablets at bedtime for 8 days, then reduce to 2 tablets at bedtime for an additional 7 days. Always take with 8 oz. of liquid. For best results, start use on the same day as beginning Phases I and II.

WARNING: Do not use this product if pregnant, nursing, or under the age of 12. Do not exceed recommended dose, or take longer than the recommended period, as frequent or prolonged use may result in dependence. Do not use when abdominal pain, nausea or vomiting are present. Consult a healthcare professional if you notice a sudden change in bowel habits that persist over two weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition, discontinue use and consult a healthcare professional. If taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

◆ LN15403.04 BLK8642

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THISILYN® CLEANSE

Phase I WHOLE BODY DETOX

Dietary Supplement • 30 Vegetarian Capsules



THISILYN® CLEANSE

Phase II 6-FIBER BLEND

Dietary Supplement • 90 Vegetarian Capsules



THISILYN® CLEANSE

Phase III DIGESTIVE SWEEP™

Dietary Supplement • 38 Vegetarian Tablets

Recommendation: Take 1 capsule in the morning and 1 capsule in the evening for 15 days. Take with 8 oz. of liquid. For best results, start use on the same day as beginning Phases II and III.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
Urinary Tract Proprietary Blend: Parsley (leaf); Cranberry (berry) (90% concentrate)	173 mg**
Lymph, Blood & Skin Proprietary Blend: Burdock (root); Red Clover (flower, stem, leaf); Cleavers (aerial parts); Oregon Grape (root, stem)	130 mg**
Thisilyn® Milk Thistle Extract (seed) standardized to 80% silymarin (100 mg)	125 mg**
Artichoke Extract (leaf) standardized to 6% caffeoylquinic acids (4.5 mg)	75 mg**
Turmeric (rhizome) Extract standardized to 95% curcuminoids (71 mg)	75 mg**
Dandelion (root)	40 mg**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate, silica

Recommendation: Take 3 capsules in the morning and 3 capsules in the evening for 15 days. Take with 8 oz. of liquid. For best results, start use on the same day as beginning Phases I and III.

Supplement Facts

Serving Size 3 Capsules / Servings per Container 30

Amount per Serving	% DV
Cholesterol	5 mg 2%
Total Carbohydrate	1 g <1%†
Dietary Fiber	1 g 4%†
6-Fiber Proprietary Blend: Psyllium (seed husk), Guar Gum, Lignamax® Lignan Flaxseed Fiber (seed), Pectin (from Grapefruit), Fructooligosaccharides (FOS), Acacia Gum	1.3 g **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established

Other ingredients: cellulose, plant-derived capsule (hypromellose), silica

LignaMax® is a trademark of Bioriginal.

Supplement Facts

Serving Size 3 Tablets / Servings per Container 12

Amount per Serving	% DV
Total Carbohydrate	1 g <1%†
Dietary Fiber	1 g 4%†
Magnesium Hydroxide	2.7 g **
Soothing Proprietary Blend: Peppermint (leaf), Fennel (seed), Ginger (root), Marshmallow (root)	300 mg **
Triphala Proprietary Extract Blend (fruit) providing 45% tannins (121 mg): Amla (<i>Phyllanthus emblica</i>), Tropical Almond (<i>Terminalia chebula</i>), Belleric myrobalan (<i>Terminalia bellerica</i>)	270 mg **
Thisilyn® Milk Thistle Extract (seed) standardized to 80% silymarin (152 mg)	190 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, hydroxypropyl cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, glycerin

Purify, Rejuvenate & Energize with Thisilyn® Cleanse Tri-Phase Program. A 15-Day Cleansing Program that Supports Liver Health.*

Using Thisilyn Cleanse: For best results, begin taking all three formulas the same day. Drink plenty of water during the entire program. Thisilyn Cleanse takes just 15 days to complete.

PHASE I: Whole Body Detox
A perfectly balanced formula to support cleansing of multiple body systems and supports liver health.*

Recommendation: Take 1 capsule in the morning and 1 capsule in the evening for 15 days. Take with 8 oz. of liquid.

Amount per Serving	% DV
Urinary Tract Proprietary Blend: Parsley (leaf), Cranberry (berry) (90% concentrate)	173 mg**
Lymph, Blood & Skin Proprietary Blend: Burdock (root), Red Clover (flower, stem, leaf), Cleavers (aerial parts), Oregon Grape (root, stem)	130 mg**
Thisilyn® Milk Thistle Extract (seed) standardized to 80% silymarin (100 mg)	125 mg**
Artichoke Extract (leaf) standardized to 6% caffeoylquinic acids (4.5 mg)	75 mg**
Turmeric (rhizome) Extract standardized to 95% curcuminoids (71 mg)	75 mg**
Dandelion (root)	40 mg**

**Daily Value (DV) not established.
Other ingredients: plant-derived capsule (hypromellose), magnesium stearate, silica



LN15409.13

PHASE II: 6-Fiber Blend
6 dietary fibers and FOS provide a powerful prebiotic boost to support the maintenance of intestinal microflora.*

Recommendation: Take 3 capsules in the morning and 3 capsules in the evening for 15 days. Take with 8 oz. of liquid.

Amount per Serving	% DV
Total Carbohydrate	5 mg 2%
Dietary Fiber	1 g <1%†
6-Fiber Proprietary Blend: Psyllium (seed husk), Guar Gum, Lignamax® Lignan Flaxseed Fiber (seed), Pectin (from Grapefruit), Fructooligosaccharides (FOS), Acacia Gum	1.3 g **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.
Other ingredients: cellulose, plant-derived capsule (hypromellose), silica



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PHASE III: Mineral Digestive Sweep™
A unique digestive cleanse with powerful prebiotic boost to support the maintenance of intestinal microflora.*

Recommendation: Take 3 tablets at bedtime for 8 days, then reduce to 2 tablets at bedtime for an additional 7 days. Take with 8 oz. of liquid.

Amount per Serving	% DV
Total Carbohydrate	1 g <1%†
Dietary Fiber	1 g 4%†
Magnesium Hydroxide	2.7 g **
Soothing Proprietary Blend: Peppermint (leaf), Fennel (seed), Ginger (root), Marshmallow (root)	300 mg **
Triphala Proprietary Extract Blend (fruit) providing 45% tannins (121 mg): Amla (<i>Phyllanthus emblica</i>), Tropical Almond (<i>Terminalia chebula</i>), Belleric myrobalan (<i>Terminalia bellerica</i>)	270 mg **
Thisilyn® Milk Thistle Extract (seed) standardized to 80% silymarin (152 mg)	190 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.
Other ingredients: cellulose, hydroxypropyl cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, glycerin



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WARNING: Do not use if pregnant, nursing, attempting to become pregnant, or for children under the age of 12. Do not use if you have bile duct obstruction, gallstones, or if you are allergic to plants of the *Asteraceae* (*Compositae*) family, including ragweed. Do not use when abdominal pain, nausea, or vomiting are present. If you experience chest pain, vomiting, or difficulty swallowing or breathing after taking the products in this kit, seek immediate medical attention. Do not exceed recommended dose, or take longer than the recommended period, as frequent or prolonged use may result in dependence. Consult a healthcare professional if you notice a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition, discontinue use and consult a healthcare professional. If taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Each bottle is safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

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 **VEGETARIAN**



THISILYN® CLEANSE

with **Mineral Digestive Sweep™**

INTERNAL PURIFICATION™



Complete Tri-Phase Program Contains:
WHOLE BODY DETOX • 30 Veg. Capsules
6-FIBER BLEND • 90 Veg. Capsules
DIGESTIVE SWEEP™ • 38 Tablets

Dietary Supplement
Exclusively with Thisilyn milk thistle extract for cleansing power*

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

15 DAY PROGRAM

About Mineral Digestive Sweep™

Specially balanced to cleanse the bowel, the Digestive Sweep formula in this program contains Magnesium hydroxide.*

How it works. Magnesium hydroxide encourages elimination by drawing water into the intestine, causing waste material to soften and swell, and creating pressure in the colon. The body responds by promptly cleansing the bowel.*

Advantages. Magnesium hydroxide works in a gentle, non-stimulating manner.

Alternative. Some individuals may need stronger action to encourage bowel cleansing. For this purpose, Thisilyn® Cleanse is also available with an **Herbal Digestive Sweep™** containing Cascara sagrada rather than Magnesium hydroxide.

- **Easy 15-Day Program.**
- **Complete Whole Body Cleanse.**
- **Purifies, Rejuvenates and Energizes.***
- **Will Not Interrupt Your Daily Routine.**
- **Optimal Dose of Thisilyn milk thistle extract for maximum cleansing power.**
- **Easy Dispersion Formula** for comfortable capture of toxins throughout the bowel.*
- **Vegetarian Formula** No yeast, soy, wheat, gluten, dairy products, or preservatives.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.