

Unit Dose

PRENATAL VITAMIN TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount per Tablet	% Daily Value*	
Vitamin A (as Acetate and Beta Carotene)	4000 IU	50%
Vitamin C (as Ascorbic Acid)	100 mg	167%
Vitamin D-3 (as Cholecalciferol)	400 IU	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	11 IU	37%
Vitamin B-1 (as Thiamine Mononitrate)	1.5 mg	88%
Vitamin B-2 (Riboflavin)	1.7 mg	85%
Vitamin B-3 (as Niacinamide)	18 mg	90%
Vitamin B-6 (as Pyridoxine HCl)	2.6 mg	104%
Folic Acid	0.8 mg	100%
Vitamin B-12 (as Cyanocobalamin)	4 mcg	50%
Calcium		
(as Calcium Carbonate and Calcium Sulfate)	263 mg	26%
Iron (as Ferrous Fumarate)	27 mg	150%
Zinc (as Zinc Oxide)	25 mg	167%

*% Daily Value for Pregnant and Lactating Women.



Unit Dose

PRENATAL VITAMIN TABLETS

100 TABLETS Dietary Supplement

OTHER INGREDIENTS: Microcrystalline Cellulose, Stearic Acid, Hypromellose, Croscarmellose Sodium, Gelatin, Acacia, Maltodextrin, Titanium Dioxide, Talc, Triacetin, Starch, Magnesium Stearate, Dicalcium Phosphate, Mineral Oil, Sucrose, Silica, Sodium Ascorbate, Triglycerides, FD&C Red #40 Lake, FD&C Yellow #6 Lake, Tocopherols, Sodium Benzoate, Sorbic Acid, Tricalcium Phosphate, BHT and Ascorbyl Palmitate.

DIRECTIONS: Adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

This Unit Dose package is intended for Institutional Use Only.

FREE OF: Yeast, wheat, milk or milk derivatives, soy, artificial flavor, sodium (less than 5 mg per serving).

Store at 20° - 25°C (68° - 77°F);
excursions permitted to 15° - 30°C (59° - 86°F).
[See USP Controlled Room Temperature]
DO NOT USE IF BLISTER UNIT IS BROKEN

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Distributed by:

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Questions or Comments? (800) 616-2471

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