

New! Great-Tasting Multivitamin

Centrum

Multivitamin/Multimineral
Supplement

**flavor
burst**

wild grape

ADULT CHEWABLES

SUGGESTED USE: Adults Take 4 chews daily with or without food.
Not formulated for use in children.

Supplement Facts

Serving Size 4 Chews (Servings 1/2)

Amount Per Serving (Divide by 2 for 1/2 serv. amt.)	% DV (Divide by 2 for 1/2 serv. amt.)	Amount Per Serving (Divide by 2 for 1/2 serv. amt.)	% DV (Divide by 2 for 1/2 serv. amt.)
Calories 25		Biotin 150 mcg	50%
Total Carbohydrate 6 g	2%†	Pantothenic Acid 10 mg	100%
Sugar 4 g	*	Iodine 80 mcg	53%
Vitamin A 2,000 IU	40%	Zinc 5 mg	33%
Vitamin C 60 mg	100%	Choline 76 mg	*
Vitamin D 800 IU	200%	Inositol 40 mcg	*
Vitamin E 40 IU	133%	†Percent Daily Value (DV) based on a 2,000 calorie diet.	
Vitamin B ₆ 2 mg	100%	*Daily Value not established.	
Folic Acid 400 mcg	100%		
Vitamin B ₁₂ 10 mcg	167%		

Ingredients: Sucrose, Corn Syrup, Water, Hydrogenated Coconut Oil, Choline Bitartrate, Maltodextrin, Acacia. Contains < 2% of: Artificial Flavor, Ascorbic Acid (Vit. C), Beeswax, Biotin, Blue 2 Lake, Calcium Pantothenate, Carmine (color), Carnauba Wax, Cholecalciferol (Vit. D₃), Citric Acid, Cyanocobalamin (Vit. B₁₂), dl-Alpha Tocopheryl Acetate (Vit. E), Folic Acid, Glycerin, Inositol, Lac-Resin, Lecithin, Modified Corn Starch, Potassium Iodide, Pregelatinized Corn Starch, Pyridoxine Hydrochloride (Vit. B₆), Titanium Dioxide, Vitamin A Palmitate, Zinc Sulfate.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.

Do not exceed suggested use.

IMPORTANT INFORMATION:
Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

Keep out of reach of children.
Do Not Use if the pouch is broken or torn.
Protect from moisture.

Marketed by:
Pfizer, Madison, NJ 07940 USA
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Questions? Comments?
Call 1-877-CENTRUM

For most recent product information,
visit www.centrum.com
Patent Pending

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