

Re-Order No.  
700586



# CALCIUM

**250 MG + D<sub>3</sub>**

Calcium Supplement with Vitamin D<sub>3</sub>

100 TABLETS

POTENCY  
GUARANTEED

## Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin D-3 (as Cholecalciferol)	125 I.U.	31%
Calcium (as Calcium Carbonate)	250 mg.	25%

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Acacia, Maltodextrin, Croscarmellose Sodium, Hypromellose, Polydextrose, Titanium Dioxide, Talc, Soy Polysaccharide, Sodium Lauryl Sulfate, Starch, Triglycerides, Sucrose, Sodium Ascorbate, Silica and Mixed Tocopherols.

**Contains:** Soy

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

**WARNING:** If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**FREE OF:** Yeast, wheat, milk or milk derivatives, lactose, preservatives, artificial color, artificial flavor, sodium (less than 5 mg per serving).

Building strong bones, especially before the age of 30, can be the best way to support bone health later in life. Getting your daily recommended amounts of Calcium and Vitamin D can help you do this.† Calcium is one of the most important minerals in your body-it helps maintain healthy bones in adults.† Vitamin D aids in the absorption of Calcium, and is involved in proper bone mineralization.† Because the body cannot produce Calcium, a balanced diet, regular exercise, healthy lifestyle choices and adequate intake of Calcium and Vitamin D can play a role in maintaining bone health.†

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Distributed by: MAJOR® PHARMACEUTICALS  
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Questions or Comments? (800) 616-2471

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