

Recommendation: Take 1 capsule daily. May be taken at any time, with or without food. If pregnant, nursing, or taking any medications, consult a healthcare professional before use. **Keep refrigerated** to maintain maximum potency.

- Promotes digestive and immune health.*
- Protects against occasional bloating, constipation and digestive discomfort*

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Keep bottle tightly closed.

GLUTEN FREE. No corn, wheat, artificial colors, or flavors.

NutraFlora® and scFOS® are registered trademarks of Ingredion.

◆ LN15783.A05 B712409A

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Questions? 1-800-9NATURE / naturesway.com

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SINCE 1969 Nature's Way 1969

Once Daily

fortify
Optima®
PROBIOTIC

60 BILLION
ACTIVE PROBIOTICS

ADVANCED

30 Vegetarian Capsules • Dietary Supplement

Supplement Facts

Serving Size 1 Capsule

Amount per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Sugars	<1 g	**
Fortify™ Optima®-60	504 mg	**
Proprietary Probiotic Blend providing 60 billion CFU:		
Lactobacilli HDS Probiotics: (<i>L. casei</i> HDS-108; <i>L. rhamnosus</i> HDS-111; <i>L. paracasei</i> HDS-274; <i>L. acidophilus</i> HDS-122; <i>L. rhamnosus</i> HDS-114; <i>L. salivarius</i> HDS-118); Bifidobacteria HDS Probiotics: (<i>B. breve</i> HDS-129; <i>B. longum</i> HDS-135; <i>B. bifidum</i> HDS-132; <i>B. infantis</i> HDS-116)		
NutraFlora® scFOS®	75 mg	**
(short-chain fructooligosaccharides)		

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: potato starch, plant-derived capsule (hypromellose), hypromellose, magnesium stearate, ethylcellulose, sodium alginate, silica, medium chain triglycerides, ascorbic acid, oleic acid, stearic acid

Contains milk and soy.

Why take Fortify™ Optima® ADVANCED?

- 60 billion active probiotic cultures
- Powerful support to fortify and balance the intestinal microflora*
- Promotes healthy digestion, Protects against occasional bloating, constipation and digestive discomfort*
- Supports immune function*

scFOS® Prebiotic Support

- Provides scFOS (short-chain fructooligosaccharides)
- Superior food source for intestinal microflora



Enteric-Coated for Targeted Release™

- Ensures probiotics survive stomach acid
- Releases active probiotics directly into the intestine



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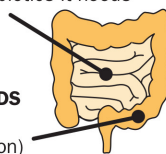
100% HDS Probiotics™ (Human Digestive Strains)

- Contains unique probiotic cultures originated from human microflora
- Compatible with your intestinal tract
- No animal/dairy, soil or plant source cultures



10 Unique HDS Probiotics for Total Intestinal Balance

- Ensures your intestinal tract receives the diversity of probiotics it needs
- 6 Lactobacilli HDS Probiotics for the small intestine
- 4 Bifidobacteria HDS Probiotics for the large intestine (colon)



60 BILLION POTENCY GUARANTEED until expiration date when bottle is kept tightly closed and refrigerated.

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NEW LOOK
SAME POWERFUL FORMULA

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Once Daily

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PROBIOTIC

ADVANCED

60 BILLION
ACTIVE PROBIOTICS

Digestive Support & Immune Health*

- 100% HDS Probiotics™
- scFOS® Prebiotics
- Enteric-Coated



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<i>Lactobacillus rhamnosus</i> HDS-114		
<i>Lactobacillus salivarius</i> HDS-118		
Bifidobacteria HDS Probiotics		
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<i>Bifidobacterium longum</i> HDS-135		
<i>Bifidobacterium bifidum</i> HDS-132		
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