

Complex-M with Ginkgo

For nutritional support of the central nervous system.

Suggested Use

As a dietary supplement, 1 capsule two or three times daily on an empty stomach, or as directed by a healthcare practitioner. Sensitive individuals may want to take with a non-protein food.

These nutrients are of the highest quality and purity obtainable, are free of all common allergens (antigens), and do not contain preservatives, diluents, or artificial additives.

Keep in a cool, dry place, tightly capped.

Formulated exclusively for Allergy Research Group®
Alameda, CA 94502 www.allergyresearchgroup.com



Allergy Research Group

Complex-M with Ginkgo



dietary supplement
HYPOALLERGENIC
60 vegetarian capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin B6 (as Pyridoxal-5'-Phosphate)	5 mg 250%
Folic Acid	400 mcg 100%
Vitamin B12 (as Cyanocobalamin)	400 mcg 6670%
L-Glutamine	200 mg *
L-Phenylalanine	100 mg *
L-Tyrosine	100 mg *
Ribonucleic Acid (RNA)	200 mg *
Ginkgo (Leaves) Extract	70 mg *

* Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, cellulose, silicon dioxide, L-leucine.

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