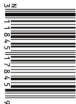


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CERTIFIED

MASON natural[®]

EST. 1967

BODY, HAIR, SKIN, & NAILS

MAY SUPPORT

HEALTHY SKIN,
HAIR, AND NAILS*



DIRECTIONS: As a dietary supplement, take two gummies daily, preferably with food.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container: 30

Amount Per Serving		% Daily Value Adults & Children 4 yrs or more
Calories	10	
Total Carbohydrates	5 g	2% ^{**}
Sugars	0 g	
Sugar Alcohols	4 g	†
Vitamin A (as retinyl acetate)	548 mcg	61%
Vitamin C (as ascorbic acid)	20 mg	22%
Vitamin D3 (cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as dl-alpha tocopheryl acetate)	7.5 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	118%
Folate	433 mcg DFE (260 mcg folic acid)	108%
Vitamin B12 (as cyanocobalamin)	6 mcg	250%
Biotin	5000 mcg	16,667%
Pantothenic Acid (as calcium pantothenate)	5.2 mg	104%
Iodine (as potassium iodide)	42 mcg	28%
Zinc (as zinc gluconate)	2.7 mg	25%
Choline (as choline bitartrate)	40 mcg	<1%
Inositol	40 mcg	†

†Daily Value Not Established

**% Daily Values are based on a 2000 Calorie Diet

OTHER INGREDIENTS: Water, maltitol, isomalt, citrus pectin (E-440), spirulina extract, natural black carrot juice extract, beta carotene, citric acid (E-330), and sodium citrate.

GUARANTEED NO ADDED: Milk and Milk Products, Eggs, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Gluten From Wheat and Other Grains, and Soybeans.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. As considered by FDA, biotin is a safe nutrient. However, before completing laboratory work, discontinue use and advise your physician, as biotin may interfere with some laboratory tests. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.

DFE - Dietary Folate Equivalents



GLUTEN-FREE

SOY-FREE

Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-868-5376 • www.MasonVitamins.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Mason Natural[®] is a registered trademark and does not refer to any product claim.

60 GUMMIES • DIETARY SUPPLEMENT

LOT/EXP. DATE