



Foundational



Healthy Aging[†]

SUGGESTED USE: Take 4-8 capsules daily or as recommended by your health-care practitioner.

TAMPER EVIDENT: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.



GLUTEN FREE

†This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A. ††This product uses Albion's DimaCal® DiCalcium Malate. DimaCal is a registered trademark of Albion International, Inc. †††This product uses Albion® DiMagnesium Malate. Albion is a registered trademark of Albion International, Inc. ††††This product uses Albion's TRAACS® Chromium Nicotinate Glycinate Chelate, Copper Bisglycinate Chelate, Manganese Bisglycinate Chelate, Molybdenum Glycinate Chelate, and Zinc Bisglycinate Chelate. TRAACS is a registered trademark of Albion International, Inc. †††††This product uses Indena S.p.A.'s bilberry extract (Mirtoselect®). Mirtoselect is a registered trademark of Indena S.p.A. ††††††This product contains ChromaDex Inc.'s proprietary Nicotinamide Riboside ingredient, Niagen®. Niagen is a registered trademark of ChromaDex, Inc. Patent: See ChromaDexPatents.com †††††††This product uses Albion's Bororganic™ Boron Glycinate Complex. Bororganic is a trademark of Albion International, Inc.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

THORNE

Extra Nutrients

DIETARY SUPPLEMENT

240
CAPSULES

SUPPLEMENT FACTS

Serving Size: Eight Capsules
Servings Per Container: 30

Eight Capsules Contain:	%DV	Eight Capsules Contain:	%DV
Vitamin A (375 mcg from Beta Carotene and 750 mcg as Palmitate)	1.125 mg 125%	Zinc (as TRAACS® Zinc Bisglycinate Chelate)††††	15 mg 136%
Vitamin C (as Ascorbic Acid)	850 mg 944%	Selenium (as L-Selenomethionine)	200 mcg 364%
Vitamin D (as Vitamin D3) (2,000 IU)	50 mcg 250%	Copper (as TRAACS® Copper Bisglycinate Chelate)††††	1.5 mg 167%
Vitamin E (200 IU as d-Alpha Tocopherol from Mixed Tocopherols)	134 mg 893%	Manganese (as TRAACS® Manganese Bisglycinate Chelate)††††	6 mg 261%
Vitamin K (50 mcg as Vitamin K1 and 50 mcg as Vitamin K2 as MK-7)	100 mcg 83%	Chromium (as Chromium Nicotinate Glycinate Chelate)††††	200 mcg 571%
Thiamin (as Thiamin HCl)	40 mg 3,333%	Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)††††	100 mcg 222%
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	10 mg 769%	Potassium (as Potassium Citrate)	60 mg 1%
Niacin (130 mg as Niacinamide and 30 mg as Niacin)	160 mg 1,000%	Quercetin Phytosome (<i>Sophora japonica</i> concentrate (leaf) / Phospholipid complex from Sunflower)	100 mg *
Vitamin B6 (as Pyridoxal 5'-Phosphate)	10 mg 588%	Bilberry extract (fruit) (<i>Vaccinium myrtillus</i>)†††††	80 mg *
Folate (1 mg as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	1.7 mg DFE 425%	Nicotinamide Riboside Chloride††††††	25 mg *
Vitamin B12 (225 mcg as Adenosylcobalamin and 225 mcg as Methylcobalamin)	450 mcg 18,750%	Trans-Resveratrol	25 mg *
Biotin	400 mcg 1,333%	Mixed Carotenoids (1 mg as Lutein, 1 mg as Astaxanthin, 1 mg as Zeaxanthin, and 1 mg as Lycopene)	4 mg *
Pantothenic Acid (as Calcium Pantothenate)	450 mg 9,000%	Boron (as Bororganic™ Boron Glycinate Complex)†††††††	3 mg *
Choline (as Choline Citrate)	35 mg 6%	Vanadyl Sulfate	250 mcg *
Calcium (as DimaCal® DiCalcium Malate)††	250 mg 19%		
Iodine (as Potassium Iodide)	225 mcg 150%		
Magnesium (as Albion® DiMagnesium Malate)†††	250 mg 60%		

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

manufactured for: THORNE RESEARCH, INC., 1-800-228-1966



VMX
LVMX20