



Unit Dose

THERA M PLUS TABLETS

100 TABLETS

Dietary Supplement

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Supplement Facts

Serving Size 1 Tablet

Amount per Tablet		% Daily Value
Vitamin A (as Acetate and Beta Carotene)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	90 mg	150%
Vitamin D ₃ (as Cholecalciferol)	400 IU	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	60 IU	200%
Vitamin K (as Phytonadione)	28 mcg	35%
Vitamin B ₁ (as Thiamine Mononitrate)	3 mg	200%
Vitamin B ₂ (Riboflavin)	3.4 mg	200%
Niacinamide (Vitamin B ₃)	20 mg	100%
Vitamin B ₆ (as Pyridoxine HCl)	6 mg	300%
Folic Acid	400 mcg	100%
Vitamin B ₁₂ (as Cyanocobalamin)	12 mcg	200%
Biotin	30 mcg	10%
Pantothenic Acid (as Calcium Pantothenate)	10 mg	100%
Calcium (as Dicalcium Phosphate)	40 mg	4%
Iron (as Ferrous Fumarate)	9 mg	50%
Phosphorus (as Dicalcium Phosphate)	31 mg	3%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	70 mcg	100%
Copper (as Cupric Sulfate)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromic Chloride)	50 mcg	42%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	7.5 mg	<1%
Potassium (as Potassium Chloride)	7.5 mg	<1%
Boron (as Sodium Borate)	150 mcg	*
Nickel (as Nickelous Sulfate)	5 mcg	*
Tin (as Stannous Chloride)	10 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
Silicon (as Calcium Silicate)	2 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Gelatin, Stearic Acid, Croscarmellose Sodium, Hypromellose, Magnesium Stearate, Crospovidone, Starch, Sodium Lauryl Sulfate, Citric Acid, Soy Polysaccharide, Dicalcium Phosphate, FD&C Red No. 40 Lake, Magnesium Silicate, Sucrose, Mannitol, Silica, Titanium Dioxide, Polyvinylpyrrolidone, FD&C Blue No. 2 Lake, Sodium Ascorbate, Sodium Benzoate, Triglycerides, Mixed Tocopherols, Sorbic Acid, Tricalcium Phosphate, Methocel, Ascorbyl Palmitate and BHT.

Contains: soy ingredients.

DIRECTIONS: Adults, take one (1) tablet daily as a dietary supplement preferably with a meal.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at 20° - 25°C (68° - 77°F);
excursions permitted to 15° - 30°C (59° - 86°F).

[See USP Controlled Room Temperature]

DO NOT USE IF BLISTER UNIT IS BROKEN

Distributed by: **MAJOR® PHARMACEUTICALS**
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Questions or Comments? (800) 616-2471