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ACTUAL SIZE

vitamin B complex high potency

Clearance
094 02 2114
Was $14.86 Now $12.63

helps support energy metabolism and nervous system health*

B

ENERGY METABOLISM*

up&up

360 TABLETS

360 TABLETS **DIETARY SUPPLEMENT**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Thiamin 50 mg	3333%
Riboflavin 50 mg	2941%
Niacin 50 mg	250%
Vitamin B6 50 mg	2500%
Folic Acid 400 mcg	100%
Vitamin B12 50 mcg	833%
Biotin 50 mcg	17%
Pantothenic Acid 50 mg	500%

INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Pyridoxine Hydrochloride, Calcium Pantothenate, Riboflavin, Niacinamide, Thiamin Mononitrate, Croscarmellose Sodium, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Dextrin, Dextrose, Lecithin, Folic Acid, Sodium Carboxymethylcellulose, Sodium Citrate, Cyanocobalamin, Biotin. **CONTAINS: SOY**

***Questions?* Call 1-800-910-6874**
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ENERGY METABOLISM*
Vitamin B complex consists of several essential nutrients needed by the body. This complex of B vitamins plays a role in well-being and energy metabolism and assists nerve function.*

Suggested Use: Adults, take one tablet daily with the meal of your choice.

If you are pregnant or nursing a baby, ask a doctor before using this product.

Keep out of reach of children.

Store at room temperature (59°-86°F).

This product is formulated per official U.S. Pharmacopeia (USP) standards to meet quality, potency and disintegration or dissolution requirements.

This product contains 100% of the US reference daily intake (RDI) of folate.

Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect.

Each tablet in this bottle is clear coated for easy swallowing.

No artificial colors have been added to this formula, the product may vary in color.

GLUTEN FREE

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EXP 11/13
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