

Chromium appears to be involved in carbohydrate, fat, and protein metabolism.* This product promotes healthy blood sugar levels already within a normal range.* Vitamin B6 helps convert carbohydrates, fats and proteins into energy.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER

NO YEAST, CORN OR WHEAT
NO SOY, MILK OR SALT
NO SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE
NO GMOs

Lot No:

Best by:



CHROMIUM PICOLINATE

Biologically Active Chromium
Certified Gluten-Free

- ▶ Metabolizes carbs, fats, and proteins*
- ▶ Includes Vitamin B6 for energy metabolism*

Dietary Supplement **100** Vegan Capsules — Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) capsule daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Chromium (from 1.7 mg chromium picolinate)	200 mcg	167%

Other Ingredients: Cellulose, cellulose (capsule shell), rice bran extract, silica, vegetable glaze, sunflower oil. **CAUTION:** If you are pregnant, nursing, diabetic, hypoglycemic, taking medication, have a medical condition, or planning surgery, consult a doctor before using this product. Do not use if you have gastric or duodenal ulcers. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.** Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc. This product has been manufactured at a GMP Registered facility.

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Product No. 1679