

Sleep Answer®

Developed with a clinically researched dose of melatonin to help you get a sound night's sleep*

Sleep Answer®

Doctor-formulated, dual-dose, **melatonin breakthrough**



Delivers a second dose hours later to help keep you asleep!†

Safe and non-habit-forming†

HEALTHY DIRECTIONS

Dietary Supplement
28 Dual-Dose Capsules

Sleep Answer®

Advanced dual-dose capsule delivers your first dose right when you're ready to fall asleep, and a second dose a few hours later, to help *you stay asleep!*†

“My Sleep Answer formula represents decades of research to bring you an advanced melatonin supplement.”†

— Dr. Richard Wurtman, MD,
and leading sleep science researcher

UNCONDITIONALLY GUARANTEED for purity and potency. To preserve quality and freshness, store box in a cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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HEALTHY DIRECTIONS

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SCAN TO
REORDER



Doctor's Suggested Use: If you are taking melatonin now, you should stop a few days before starting Sleep Answer. Take one dual-release capsule every night, 30 to 60 minutes before bed.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 28

Amount Per Serving	% DV
Melatonin	0.9 mg *

* Daily Value (DV) not established.

Other ingredients: Glycerin, vegetable cellulose, hydroxypropyl methylcellulose, sugar, talc, pharmaceutical glaze, polyvinylpyrrolidone, FD&C Blue Lake #2.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Keep out of reach of children.

Lot No. / Exp. Date:

HSC 02 C13000, 2017 R-2



www.HealthyDirections.com

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