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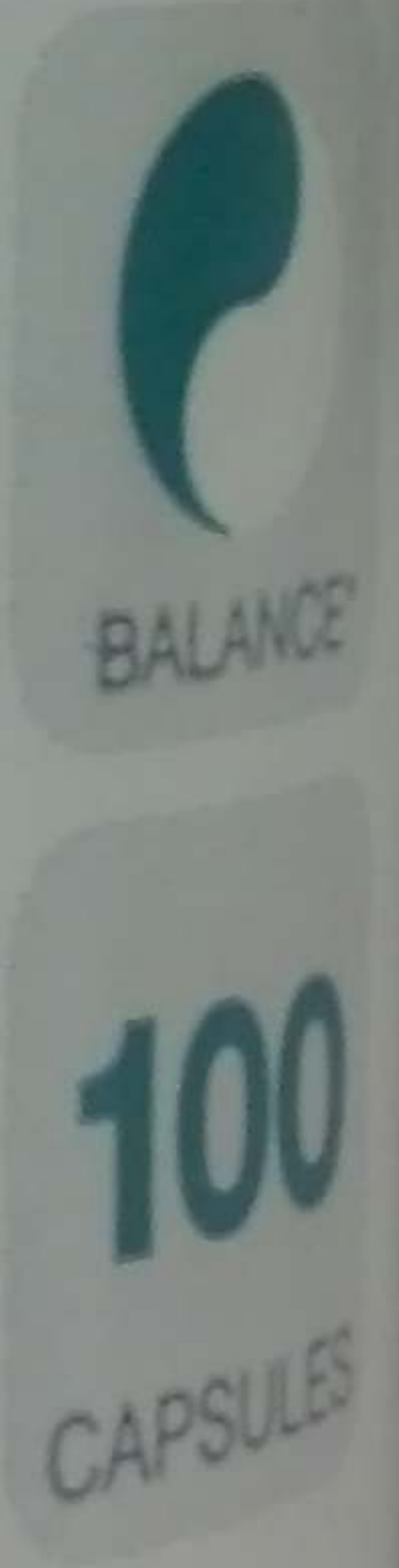
Clearance

094 02 1274

Was \$4.59 Now \$3.90

up&up

100 CAPSULES
DIETARY SUPPLEMENT



ACTUAL SIZE

Supplement Facts

Serving Size 5 Capsules
Servings Per Container 20

| Amount Per Serving | %Daily Value |
|---|---------------------|
| Valerian (<i>Valeriana officinalis</i>) (root) | 2,250 mg (2.25g) ** |

**Daily Value not established.

Other Ingredient: Gelatin.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment. Not intended for use by persons under the age of 18.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BALANCE*
Valerian has traditionally been used to support relaxation.* Valerian works in harmony with your natural cycle to help promote relaxation.* Valerian is ideal for most people wishing to support their quality of rest.*

Directions: For adults, take five (5) capsules at bedtime. Capsules may be opened and prepared as a tea. As a reminder, discuss the supplements and medications you take with your health care providers.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call 1-800-910-6874
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