OTHER INGREDIENTS: Microcrystalline Cellulose, Gelatin, Stearic Acid, Croscarmellose Sodium, Hypromellose, Magnesium Stearate, Crospovidone, Starch, Sodium Lauryl Sulfate, Citric Acid, Soy Polysaccharide, Dicalcium Phosphate, FD&C Red #40 Lake, Magnesium Silicate, Sucrose, Mannitol, Silica, Titanium Dioxide, Polyvinylpyrrolidone, FD&C Blue #2 Lake, Sodium Ascorbate, Sodium Benzoate, Triglycerides, Mixed Tocopherols, Sorbic Acid, Tricalcium Phosphate, Methocel, Ascorbyl Palmitate and BHT. **CONTAINS:** Soy ingredients.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

FREE OF: Yeast, wheat, milk or milk derivatives, lactose, preservatives, artificial flavor.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

POTENCY GUARANTEED

Re-Order No. 700213

MAJOR®

Thera-M™

High Potency Vitamin & Mineral Supplement Fortified with Beta-Carotene

130 Tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% Daily Value
Vitamin A (as Acetate and Beta Carotene)	5000 I.U.	100%
Vitamin C (as Ascorbic Acid)	90 mg.	150%
Vitamin D-3 (as Cholecalciferol)	400 I.U.	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	60 I.U.	200%
Vitamin K (as Phytonadione)	28 mcg.	35%
Vitamin B-1 (as Thiamine Mononitrate)	3 mg.	200%
Vitamin B-2 (Riboflavin)	3.4 mg.	200%
Niacin (as Niacinamide)	20 mg.	100%
Vitamin B-6 (as Pyridoxine HCl)	6 mg.	300%
Folic Acid	400 mcg.	100%
Vitamin B-12 (as Cyanocobalamin)	12 mcg.	200%
Biotin	30 mcg.	10%
Pantothenic Acid (as Calcium Pantothenate)	10 mg.	100%
Calcium (as Dicalcium Phosphate)	40 mg.	4%
Iron (as Ferrous Fumarate)	9 mg.	50%
Phosphorus (as Dicalcium Phosphate)	31 mg.	3%
Iodine (as Potassium Iodide)	150 mcg.	100%
Magnesium (as Magnesium Oxide)	100 mg.	25%
Zinc (as Zinc Oxide)	15 mg.	100%
Selenium (as Sodium Selenate)	70 mcg.	100%
Copper (as Cupric Sulfate)	2 mg.	100%
Manganese (as Manganese Sulfate)	2 mg.	100%
Chromium (as Chromic Chloride)	50 mcg.	42%
Molybdenum (as Sodium Molybdate)	75 mcg.	100%
Chloride (as Potassium Chloride)	7 mg.	<1%
Potassium (as Potassium Chloride)	7.5 mg.	<1%
Boron (as Sodium Borate)	150 mcg.	*
Nickel (as Nickelous Sulfate)	5 mcg.	*
Tin (as Stannous Chloride)	10 mcg.	*
Vanadium (as Sodium Metavanadate)	10 mcg.	*
Silicon (as Calcium Silicate)	2 mg.	*

* Daily Value not established.

Distributed by: **MAJOR® PHARMACEUTICALS**
17177 N Laurel Park Drive, Suite 233, Livonia, MI 48152
Questions or Comments? (800) 616-2471

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Lot # & Exp. Date:

PEEL HERE FOR MORE SUPPLEMENT FACTS