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for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

This product contains natural ingredients; color variation may occur.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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HEALTHY DIRECTIONS

Bethesda, MD 20817
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Lot No./Exp. Date

Dr. Sinatra

AMERICA'S #1 INTEGRATIVE CARDIOLOGIST®



Vitamin D3

5,000 IU

Supports bone, heart, immune,
and cellular health†

Dietary Supplement 240 Softgels

Doctor's Suggested Use: Take 1 softgel daily.

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 240

Amount Per Serving		% DV
Vitamin D3 (as cholecalciferol)	5,000 IU	1,250%

Other ingredients: Safflower oil, gelatin, glycerin

Note: Pregnant or lactating women should consult a health care professional before taking this product.

Keep out of reach of children.



Gluten Free

SKU: VDH 02 G83000, 2016 R-1