

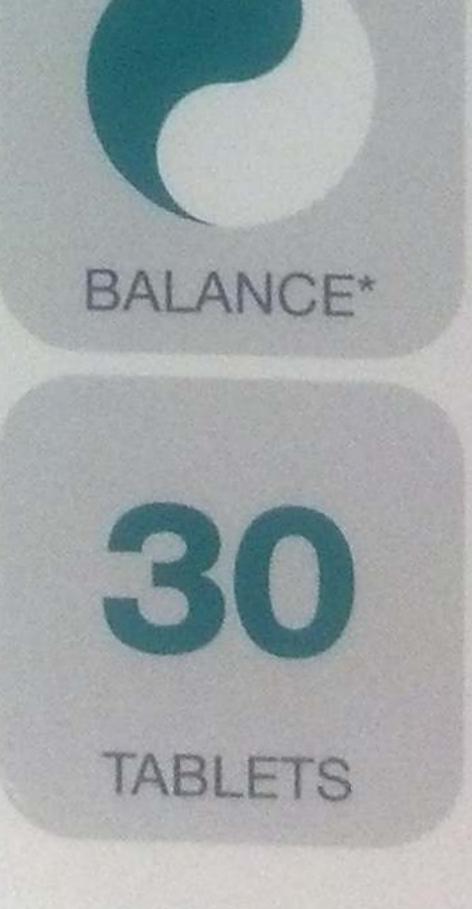
## SAM-e 200 mg

# SAM-e 200 mg

supports a positive mood and emotional well-being\* helps support healthy joint function and comfort\* easy to swallow







DIETARY
SUPPLEMENT

## SAM-e 200 mg



### Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

%Daily Value

S-adenosylmethionine (SAM-e)

200 mg

\*\*Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Mannitol, Polymethacrylate, Vegetable Magnesium Stearate. Contains <2% of: Carboxymethylstarch Sodium, Silica, Titanium Dioxide Color, Triethyl Citrate.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor.

#### BALANCE\*

SAM-e is the term used to describe S-adenosylmethionine, a vital substance that is found in most cells and is essential to many biochemical reactions in the body.\* SAM-e supports mood and emotional well-being, and also supports healthy joint function and comfort.\*

Directions: For adults, take one (1) tablet six times daily, preferably on an empty stomach. In order to obtain maximum benefits, SAM-e should be taken at least 30 minutes prior to a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF BLISTER SEAL IS CUT, TORN OR OPEN.

### Questions? Call 1-800-910-6874

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ACTUAL SIZE

