

Amino acids are the building blocks of proteins.**
L-Glutamine is a naturally occurring amino acid that is involved in muscle support.** It also supports gut health by aiding the digestive system.**

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES CERTIFIED GLUTEN FREE BY GFCO.ORG	NO YEAST, WHEAT OR CORN
YES CERTIFIED VEGAN BY THE AVA	NO SOY OR MILK
YES RECYCLABLE PACKAGING	NO SALT OR SUGAR
YES MANUFACTURING SUPPORTS WIND POWER	NO PRESERVATIVES
YES KOSHER	NO ARTIFICIAL COLOR
	NO GMOs

This product has been manufactured at a GMP Registered facility.

Lot No:

Best by:

08018NL



Dietary Supplement **100** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 1186

ESTABLISHED
— 1971 —
Country Life

L-GLUTAMINE CAPS

500 mg

Certified Gluten-Free

- ▶ Aids in muscle support**
- ▶ Supports immune function**
- ▶ Includes vitamin B6 for utilization**

Directions: Adults take one (1) capsule daily, or as directed by your health care provider. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Vitamin B6 (as pyridoxine hydrochloride)	8.5 mg	500%
L-Glutamine (free form)	500 mg	*

* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), cellulose, silica, magnesium stearate.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.