USAGE: For children age 4 and up, chew 1 gummy per day with a meal or as directed by your qualified healthcare professional.

Jarrow Formulas® Yum-Yum D3® Gummies deliver 10 mcg (400 IU) of vitamin D_3 (cholecalciferol) per serving in a delicious gummy. Vitamin D_3 is of critical importance throughout the bodies of growing children (and adults), helping the body to absorb calcium for strong bones, and promoting the health of muscles, skin, brain and the immune system.*

Keep out of the reach of children.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Lot #. Best Used Before: 0301207 3/19

Jarrow FORMULAS®

Vitamin D Gummy Chews

10 MCG (400 IU) **90 GUMMIES** **DIETARY SUPPLEMENT**

Supplement Facts

Serving Size 1 Gummy
Servings Per Container 90

	Amount Per Serving	% Daily Value 4 Yrs & Up
Calories	10	
Total Fat	0 g	0%
Total Carbohydrate	2 g	1%†
Sugars	1 g	2%†
Vitamin D_3 (cholecalciferol)	10 mcg (400 IU)	50%

† Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Organic evaporated cane sugar, tapioca syrup, purified water, pectin, citric acid, sodium citrate, natural flavors, annatto extract (for color), black carrot (for color), vegetable oil and carnauba wax.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation℠
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

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