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UNCONDITIONALLY
GUARANTEED for purity and
labeled potency. To preserve quality
and freshness, store bottle with cap
tightly closed in a cool, dry place.

†This statement has not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure, or
prevent any disease.



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HEALTHY DIRECTIONS
Bethesda, MD 20817
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Dr. David Williams

SEARCHING THE WORLD FOR BETTER HEALTH®

Niacinamide

Promotes optimal
metabolic functioning†

Dietary Supplement • 100 CAPSULES

Doctor's Suggested Use: Take 1
capsule daily.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 100

Amount Per Serving		%DV
Niacin	250 mg	1,250%
(as niacinamide)		

Other ingredients: Gelatin, microcrystalline
cellulose, magnesium stearate

Note: Pregnant or lactating women
should consult a health care
professional before taking this product.

Keep out of reach of
children.



SKU: NIA 02 C12250, 2015 R-2

Expiration Date

Lot No.