

Choose Auto Delivery, Get Free Shipping Forever

or visit drsinatra.com

ALMOST OUT? Call 1-800-304-1708

Magnesium Broad-Spectrum Complex

includes four highly bioavailable forms of this crucial mineral to give you comprehensive support for heart health and bone and muscle strength.[†]

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Distributed by
HEALTHY DIRECTIONS
Bethesda, MD 20817 • healthydirections.com



6 78829 20084 2

Dr. Sinatra

AMERICA'S #1 INTEGRATIVE CARDIOLOGIST®



Magnesium Broad-Spectrum Complex

Contains four forms of magnesium for muscle, nerve, and bone health[†]

Dietary Supplement

120 Capsules

Doctor's Suggested Use: Take 2 capsules twice daily with a meal.

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 60

Amount Per Serving		% DV
Magnesium (as citrate, glycinate, orotate, taurinate)	200 mg	50%

Other ingredients: Gelatin, microcrystalline cellulose, magnesium stearate, silicon dioxide

Warning: Reduce or discontinue use if you develop loose stools. This side effect may worsen when taking this product in conjunction with other supplements containing magnesium.

Note: Pregnant or lactating women should consult a health care professional before taking this product.

Keep out of reach of children.

SKU: MGC 02 C11000, 2016 R-1

Please see bottom of bottle for Lot No. and Expiration Date