

Supplement Facts

Serving Size: 1 packet (3 g)

Servings Per Container: 30

	Amount Per Serving	% DV**
Calories	5	
Total Carbohydrate	1 g	< 1%
Total Sugars	0 g	
Includes 0 g Added Sugars		0%
Vitamin C (as Ascorbic Acid)	90 mg	100%
Vitamin E (as DL-Alpha Tocopheryl Acetate)	45 mg	301%
Vitamin B6 (as Pyridoxine Hydrochloride)	1.7 mg	100%
Vitamin B12 (as Cyanocobalamin)	2 mcg	83%
Calcium (as Calcium Phosphate)	380 mg	29%
Phosphorus	280 mg	22%
Maca Extract (Root)	750 mg	†

** Percent Daily Values (% DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Formulated and distributed exclusively by: HERBALIFE INTERNATIONAL OF AMERICA, INC.

800 W. Olympic Blvd., Suite 406, Los Angeles, CA 90015, USA

Made in USA with US and imported ingredients

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You want to keep going but sometimes run out of steam. Where do you get the power to successfully conquer it all? Proper nutrition and regular exercise undoubtedly increase your endurance, but Get-Up and Go for Vitality takes things even further. Specially formulated with Maca root extract and B vitamins, this booster will help you stay active and raring to go. Simply add the booster to your favorite Herbalife® Formula 1 Shake for everyday vitality and put your life in gear!

- Maca root extract is traditionally used for vitality*
- B vitamins help support energy production*
- B vitamins contribute to healthy mental performance*

No added flavors, colors, sugars or sweeteners.

STORE IN A COOL, DRY PLACE.

30-day money-back guarantee. This exclusively formulated product is only available through Herbalife Independent Distributors.



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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Shake Booster

Get-Up and Go

For vitality

- Maca root extract is traditionally used for vitality*
- B vitamins help support energy production*
- B vitamins contribute to healthy mental performance*



DIETARY SUPPLEMENT

30 PACKETS 0.10 OZ (3g) EACH

NET WT: 3.17 OZ (90g)

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Add to Your Formula 1 Shake

DIRECTIONS: Pour packet into 8 fl oz of your favorite Herbalife® Formula 1 Shake once a day. Blend or stir and enjoy.

PRODUCT	OPTION 1	OPTION 2	OPTION 3
Get-Up and Go	1 packet	1 packet	1 packet
Formula 1	2 scoops	2 scoops	2 scoops
Protein Drink Mix (PDM)	2 scoops		1 scoop
8 fl oz Water			
8 fl oz Nonfat Milk or Soy Milk			

Quick & Easy to Prepare



BLEND

- 4 – 5 ice cubes
- Add fresh fruits and vegetables (optional)
- Blend on low until you achieve desired thickness

Check out Herbalife.com for additional shake recipes.