

## ChronoSet

Contains melatonin, a nutrient and metabolite.

### Suggested Use

As a dietary supplement, 1 or 2 capsules 1 hour before bedtime, or as directed by a healthcare practitioner.

**WARNING:** Melatonin may have a strong sedating effect within 20 minutes of consumption. In rare cases it may stimulate seasonal affective disorder, depression or have stimulatory effects. Not to be used during the day time. Not recommended for children or adolescents, for long-term administration, or for those with a prior history of seizures. Do not use while operating a motor vehicle or other machinery.

This nutrient is of the highest quality and purity obtainable, is free of all common allergens (antigens), and does not contain preservatives, diluents, or artificial additives.



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AllergyResearchGroup

## ChronoSet Melatonin Formula



dietary supplement  
**HYPOALLERGENIC**  
100 vegetarian capsules

## Supplement Facts

| Serving Size           | 2 Capsules    |
|------------------------|---------------|
| Servings Per Container | 50            |
| Amount Per Serving     | % Daily Value |
| Melatonin              | 2.6 mg *      |

\* Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Keep in a cool, dry place, tightly capped.

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Formulated exclusively for Allergy Research Group®  
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