## **Unit Dose DIRECTIONS:** For adults, take one (1) tablet daily as a dietary supplement preferably with a meal. Calcium and other **OYSTER SHELL CALCIUM** minerals can affect the absorption of many medications. Do (Elemental) SUPPLEMENT not take this product within 2 hours of taking medications. As a reminder, discuss the supplements and medications you **Supplement Facts** MAJOR take with your health care providers and follow their advice. Serving Size 1 Tablet Amount per Tablet % Daily Value Calcium 500 mg 50% **Unit Dose** (from Calcium Carbonate and Oyster Shell) OTHER INGREDIENTS: Microcrystalline Cellulose, Acacia, Maltodextrin, Croscarmellose Sodium, Hypro-**OYSTER SHELL CALCIUM** mellose, Titanium Dioxide, Soy Polysaccharide, Sodium Lauryl Sulfate, Talc, Triacetin, Stearic Acid, Mineral Oil, (Elemental) SUPPLEMENT Riboflavin and FD&C Blue No. 1 Lake. Contains: soy and shellfish (oyster) ingredients. Keep this and all medication out of the reach of children. mg. Store at 20° - 25°C (68° - 77°F); excursions permitted to 15° - 30°C (59° - 86°F). [See USP Controlled Room Temperature] **100 TABLETS** DO NOT USE IF BLISTER UNIT IS BROKEN

**WARNING:** Pregnant or lactating women should consult a doctor before using any product. Avoid this product if you have allergies to shellfish or a history of kidney stones. Consult your doctor before use if you have, or had, ANY HEALTH CONDITION or if you are taking ANY MEDICA-TIONS OR REMEDIES, including OTC medications, or are planning any medical procedure. Discontinue use and consult your doctor if any adverse reactions occur, such as gastrointestinal discomfort. NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18. Distributed by: MAJOR® PHARMACEUTICALS

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**Questions or Comments? (800) 616-2471** 

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