

## THE PERFECT MEN'S MULTI

Say hello to daily health with this powerful blend of essential nutrients. Uniquely built to amp up your overall wellness and help fill the gaps when your eating habits are a little less than perfect.\* All that, plus a boost of B vitamins to support a steady flow of energy and your most important muscle... we're talking about your heart, of course.\*

### EXPERTLY BLENDED

|                              |                                |                              |
|------------------------------|--------------------------------|------------------------------|
| <b>B6</b> 250%<br>VITAMIN B6 | <b>B12</b> 250%<br>VITAMIN B12 | <b>D3</b> 125%<br>VITAMIN D3 |
| <b>C</b> 125%<br>VITAMIN C   | <b>A</b> 100%<br>VITAMIN A     | <b>E</b> 100%<br>VITAMIN E   |



**Suggested Use:** Take 2 gummies daily. Chew thoroughly before swallowing.

## Supplement Facts

Serving Size 2 Gummies  
Servings Per Container 45

| Amount Per Serving                              | % DV         | Amount Per Serving                           | % DV         |
|-------------------------------------------------|--------------|----------------------------------------------|--------------|
| Calories                                        | 20           | Vitamin B12 (as cyanocobalamin)              | 15 mcg 250%  |
| Total Carbohydrate                              | 4 g 1%†      | Biotin (as D-biotin)                         | 300 mcg 100% |
| Sugars                                          | 3 g **       | Pantothenic Acid (as calcium-D-pantothenate) | 10 mg 100%   |
| Vitamin A (as retinyl palmitate)                | 5000 IU 100% | Iodine (as potassium iodide)                 | 150 mcg 100% |
| Vitamin C (as ascorbic acid)                    | 75 mg 125%   | Zinc (as zinc sulfate)                       | 5 mg 33%     |
| Vitamin D (as cholecalciferol)                  | 500 IU 125%  | Selenium (as sodium selenite)                | 53 mcg 76%   |
| Vitamin E (as dl-alpha tocopheryl acetate)      | 30 IU 100%   | Chromium (as chromium chloride)              | 60 mcg 50%   |
| Thiamin (Vitamin B1) (as thiamin hydrochloride) | 0.38 mg 25%  | Lycopene                                     | 400 mcg **   |
| Riboflavin (Vitamin B2)                         | 0.43 mg 25%  | Choline (as choline bitartrate)              | 60 mcg **    |
| Niacin (as niacinamide)                         | 10 mg 50%    | Inositol                                     | 40 mcg **    |
| Vitamin B6 (as pyridoxine hydrochloride)        | 5 mg 250%    |                                              |              |
| Folic Acid                                      | 400 mcg 100% |                                              |              |

**Other Ingredients:** Glucose Syrup, Beet Sugar, Water, Gelatin, Grape Juice Concentrate, Blackberry Juice Concentrate, Lactic Acid, Citric Acid, Natural Flavors, Pectin.

†Percent Daily Values (DV) are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

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*Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat.*

Take only as directed. Do not exceed suggested dosage. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Do not use if inner seal is broken or missing.

### KEEP OUT OF THE REACH OF CHILDREN

Store in a cool, dry place.

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### NATURALLY TASTY

A bold blend of blackberry and juicy grape.



### ON THE DAILY

Chew two gummies daily.  
No food or water needed.

No Artificial Flavors or Colors

Gluten Free

Certified



Proud to be a  
Certified B Corporation



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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.