

Punarnavadi Guggulu

Kapha Balancing Formula for the Kidneys, Heart, and Joints*



90 Tablets Dietary Supplement

Certified Organic

Supplement Facts

Serving Size: 2 tablets Servings Per Container: 45

Amount Per Serving

Proprietary Blend

600ma**

Guggul resin (Guggulu) Commiphora mukul+, Ginger root Zingiber officinale+, Boerhavia root (Punarnava) Boerhavia diffusa+, Castor root & oil Ricinus communis+, Indian Jalap root Operculing turpethum+, Amla fruit (Amalaki) Emblica officinglis+, Long Pepper fruit (Pippali) Piper longum+, Black Pepper fruit Piper nigrum+, Ceylon Leadwort root (Chitrak) Plumbago zevlanica+. Marking-nut Tree fruit Semecarpus anacardium+. Belleric Myrobalan fruit (Bibhitaki) Terminalia belerica+, Chebulic Myrobalan fruit (Haritaki) Terminalia chebula+, Indian Tinospora stem (Guduchi) Tinospora cordifolia+. Baliospermum root Baliospermum montanum+

**Daily Value not established

Other ingredients, from natural sources: organic maltodextrin, organic rice flour, silicon dioxide.

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Suggested Use: Take 1-2 tablets, once or twice daily, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing, taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Store in a cool, dry place. Do not use if seal is broken or missing. Free of gluten. sov, and dairy, 100% vegetarian.

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Made in USA

