

Calm/Recharge™

A formulation of selected vitamins, minerals, amino acids, and Chinese herbs.

Suggested Use

As a dietary supplement, 2 scoops two times daily, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.



Formulated exclusively for
Allergy Research Group®
Alameda, CA 94502
www.allergyresearchgroup.com

AllergyResearchGroup

Calm/Recharge™



dietary supplement
250 grams (8.8 oz.)

Supplement Facts

Serving Size 2 Scoops (8.33 g)
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	450 mg 750 %
Calcium (as Calcium Ascorbate)	50 mg 5%
Magnesium (as Magnesium Citrate)	300 mg 75%
L-Theanine	500 mg *
Glycine	2000 mg *
Taurine	500 mg *
L-5-Hydroxytryptophan	100 mg *

Other ingredients: Silicon dioxide, microcrystalline cellulose.

Amount Per Serving	% Daily Value
Proprietary Herbal Blend	2000 mg *
Chinese Peony (Root) Extract	
Bai-Zhu Atractylodes (Root) Extract	
Momordica charantia (Fruit) Extract	
Cudrania tricuspidata (Root) Extract	
Shrubby Sophora (Root) Extract	
Chinese Yam (Root) Extract	
Lactobacillus rhamnosus Lysate Powder	50 mg *

*Daily Value not established.

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Not labeled
for sale in California