

Calcium Magnesium Citrate

Equal amounts of calcium and magnesium, in the citrate form.

Suggested Use

As a dietary supplement, 1 capsule one to three times daily between meals, or as directed by a healthcare practitioner.

Contraindicated with use of aluminum containing drugs.

These nutrients are of the highest quality and purity obtainable, are free of all common allergens (antigens), and do not contain preservatives, diluents, or artificial additives.



AllergyResearchGroup

Calcium Magnesium Citrate



dietary supplement
HYPOALLERGENIC
100 vegetarian capsules

Supplement Facts

Serving Size	1 Capsule
Servings Per Container	100

Amount Per Serving	% Daily Value
Calcium (as Calcium Citrate) 100 mg	10%
Magnesium (as Magnesium Citrate) 100 mg	25%

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate.

Keep in a cool, dry place, tightly capped.

Formulated exclusively for
Allergy Research Group®
Alameda, CA 94502
www.allergyresearchgroup.com

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