



NATURALLY SOURCED
VITAMIN E
268 mg (400 IU)

d-ALPHA TOCOPHEROL
PLUS
d-GAMMA TOCOPHEROL, d-DELTA TOCOPHEROL
and d-BETA TOCOPHEROL

NATURAL ANTIOXIDANT*

GLUTEN, WHEAT & DAIRY FREE

250 SOFTGELS

DIETARY SUPPLEMENT

Vitamin E is an essential nutrient and is the body's primary, fat-soluble antioxidant. Vitamin E provides nutritional support for the immune system. It helps fight cell-damaging free radicals that cause oxidative stress in the body, which may contribute to the premature aging of cells. This formulation provides a natural source of Vitamin E as d-Alpha Tocopherol, and mixed Tocopherols including d-Gamma, d-Delta and d-Beta Tocopherols. It is offered in oil-based softgels to promote optimal absorption and assimilation.*

Carefully Manufactured for:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
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Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV	
Calories	5	
Total Fat	0.5 g	1%**
Vitamin E (as d-Alpha Tocopherol)	268 mg	1,787%
Mixed Tocopherols (providing d-Gamma, d-Delta and d-Beta Tocopherols)	26.75 mg	***

**Percent Daily Values (DV) are based
on a 2,000 calorie diet

***Daily Value not established

Other Ingredients: Gelatin, Safflower Oil,
Vegetable Glycerin.

FREE OF: Gluten, Wheat, Dairy, Yeast,
Sugar, Sodium, Artificial Flavor,
Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

