

B-COMPLEX SUPPLEMENT

Z-B-C

Zinc and B-Complex Vitamins plus
Vitamin E and Vitamin C

60 CAPLETS

TAMPER EVIDENT FEATURE

If seal under bottle cap is broken or missing, do not use.

DIRECTIONS: For adults and children 12 or more years of age, one caplet daily with food or after meals.

KEEP OUT OF THE REACH OF CHILDREN. Store at 15° - 30°C (59° - 86°F).

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid) 600 mg	1000%
Vitamin E (as d α -tocopheryl acetate) 45 IU	150%
Thiamin (as thiamin mononitrate) 15 mg	1000%
Riboflavin 10.2 mg	600%
Niacin (as niacinamide) 100 mg	500%
Vitamin B6 (as pyridoxine hydrochloride) 10 mg	500%
Folate (as folic acid) 400 mcg	100%
Vitamin B12 (as cyanocobalamin) 6 mcg	100%
Biotin 300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate) 25 mg	250%
Zinc (as zinc oxide) 22.5 mg	150%

Other Ingredients: Microcrystalline Cellulose, Calcium Carbonate, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Silicon Dioxide, Stearic Acid, Magnesium Stearate, FD&C Blue No.1 Lake, Titanium Dioxide, Polyethylene Glycol, Carnauba Wax.

Questions? Comments? Call 1-888-698-5032
weekdays 8:30 a.m. - 5:00 p.m. (Eastern Time)

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FRESHNESS AND POTENCY GUARANTEED THROUGH: