

Natural Vitamin E is an essential nutrient and is the body's primary, fat-soluble antioxidant. Vitamin E provides nutritional support for the skin and the immune system. It helps fight cell-damaging free radicals that cause oxidative stress in the body, which may contribute to the premature aging of cells. This formulation provides natural Vitamin E as d-Alpha Tocopherol. It is offered in an oil-based softgel to promote optimal absorption and assimilation.*

Carefully Manufactured for:
Solgar, Inc., 500 Willow Tree Road
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NATURALLY SOURCED VITAMIN E 268 mg (400 IU)

d-ALPHA TOCOPHEROL

NATURAL ANTIOXIDANT*

GLUTEN, WHEAT & DAIRY FREE

250 SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV
Vitamin E	268 mg 1,787%
(as d-Alpha Tocopherol)	

DV= Daily Value

Other Ingredients: Gelatin, Safflower Oil,
Soybean Oil, Vegetable Glycerin.

**FREE OF: Gluten, Wheat, Dairy,
Yeast, Sugar, Sodium, Artificial
Flavor, Sweetener, Preservatives
and Color.**

SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel daily, preferably with a meal, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

